



REVITALIZE  
your body

DE-STRESS  
your mind

your spirit is up to you



NÜVIVE® BODY for WOMEN  
Botanical ingredients to Help Promote  
a Healthy Response to Everyday Stress,  
Over-Work and Fatigue.†





# What is NÜVIVE BODY for women?

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When properly supported, our brain and body will maintain a normal resilience and balance during stress, helping us to remain energized, focused and clear headed. However, when increasingly overwhelmed by stress, our bodies and minds seldom get a chance to restore our natural equilibrium. The result is that an estimated 75%–90% of visits to primary care physicians are now related to the effects of stress.

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This epidemic of stress reaches virtually everyone today and even more alarming is a recently published study linking stress with shorter telomeres (the caps on the ends of chromosomes), which is associated with accelerated aging! It turns out, stress disrupts multiple biochemical pathways, including cortisol production, the hypothalamus-pituitary- adrenal (HPA) axis, as well as neurotransmitter production in the brain. A pre-clinical study has shown that stress also inhibits neural plasticity (aka., the growth of new connections between neurons in the brain)!

Fortunately, NÜVIVE® BODY is a state-of-the-art formulation of natural botanical ingredients shown to promote a healthy response to everyday stress, over-work and fatigue.† NÜVIVE® BODY combines four known stress-modulating botanical ingredients and extracts—Phosphatidylserine, Ashwagandha, Cordyceps, and Pomegranate —each scientifically validated to support a healthy response to stress.†



## NÜVIVE® BODY for WOMEN Features:

- Italian designed, Patented and clinically studied SerinAid® Phosphatidylserine
- Clinically studied KSM-66® Ashwagandha root extract created via a process that took 14 years of R&D to develop and refine
- POMELLA® Pomegranate extract is a Patented and clinically researched formula of the primary natural antioxidants of the pomegranate fruit
- AstaReal® Astaxanthin is the most studied brand of astaxanthin in the world

## The Botanical Ingredients in NÜVIVE® BODY Benefit Stress, Weight Management and Cognitive Function:

- Helps Promote a Healthy Response to Everyday Stress, Over-Work and Fatigue.<sup>†</sup>
- Helps to enhance overall body composition when used as part of a healthy diet and exercise program<sup>†</sup>
- Helps maintain normal weight by reducing stress induced over eating<sup>†</sup>
- Helps control stress-related food cravings<sup>†</sup>
- Helps support healthy weight maintenance<sup>†</sup>
- Helps promote mental clarity, concentration and alertness<sup>†</sup>
- Helps promote overall wellbeing and hormonal health<sup>†</sup>

### Supplement Facts

Serving Size: 6 Vegetable Capsules  
Servings Per Container: 30

	Amount Per Serving	% DV
Proprietary Blend	2g	*
SerinAid® Phosphatidylserine Complex, KSM-66® Ashwagandha Root Extract ( <i>Withania somnifera</i> ), Cordyceps Extract ( <i>Cordyceps militaris</i> ) (fruiting body), POMELLA® Pomegranate Extract (fruit), Astareal® Astaxanthin Extract ( <i>Haematococcus pluvialis</i> )		

\*Daily Value not established.



## DESIGNED FOR THE XEN-FIT™ CHALLENGE!

If you feel you're living a stressful lifestyle, you've struggled to reach your fitness goals, or you've lost energy over the years, then take the XEN-FIT™ 30-Day Life Transformation Challenge! Combine NÜVIVE® BODY for WOMEN with the XEN-FIT™ Diet and Exercise Program for 30-days to feel fantastic, build healthy energy and create your own personal Life-Transformation!

Go to [www.Xenesta.com](http://www.Xenesta.com) to learn more about the XEN-FIT™ 30-Day Life Transformation Challenge or get back with the person who introduced you to NÜVIVE® BODY for WOMEN.

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

