

# PERIODE A

# RESS your mind



## NÜVIVE<sup>®</sup> BODY for MEN

Botanical Ingredients to Help Promote Healthy Testosterone Levels and a Healthy Response to Everyday Stress, Over-Work and Fatigue.\*<sup>†</sup>

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When properly supported, our brain and body will maintain a normal resilience and balance during stress, helping us to remain energized, focused and clear headed. However, when increasingly overwhelmed by stress, our bodies and minds seldom get a chance to restore our natural equilibrium. The result is that an estimated 75%–90% of visits to primary care physicians are now related to the effects of stress.

This epidemic of stress reaches virtually everyone today and even more alarming is a recently published study linking stress with shorter telomeres (the caps on the ends of chromosomes), which is associated with accelerated aging! It turns out, stress disrupts multiple biochemical pathways, including cortisol production, the hypothalamuspituitary- adrenal (HPA) axis, as well as neurotransmitter production in the brain. A pre-clinical study has shown that stress also inhibits neural plasticity (aka., the growth of new connections between neurons in the brain)!

Fortunately, NÜVIVE® BODY is a state-of- the-art formulation of natural botanical ingredients shown to promote a healthy response to everyday stress, over-work and fatigue.<sup>†</sup> NÜVIVE® BODY combines four known stress-modulating botanical ingredients and extracts—Phosphatidylserine, Ashwagandha, Cordyceps, and Pomegranate — each scientifically validated to support a healthy response to stress.<sup>†</sup>

### NÜVIVE® BODY for MEN Features:

- Italian designed, Patented and clinically studied SerinAid<sup>®</sup> Phosphatidylserine
- Clinically studied KSM-66<sup>®</sup> Ashwagandha root extract created via a process that took 14 years of R&D to develop and refine
- POMELLA® Pomegranate extract is a Patented and clinically researched formula of the primary natural antioxidants of the pomegranate fruit
- AstaReal<sup>®</sup> Astaxanthin is the most studied brand of astaxanthin in the world

Sports Function Benefits of the Botanical Ingredients in NÜVIVE<sup>®</sup> BODY – when used as part of a healthy diet and exercise program:

- Helps boost stamina<sup>+</sup>
- Helps increase muscle size and enhance muscle tone in men<sup>+</sup>
- Helps enhance sports performance<sup>†</sup>

MEN

- Helps increase muscle strength in men<sup>†</sup>
- Helps enhance the rate of muscle recovery in men<sup>+</sup>
- Helps promote mental clarity, concentration and alertness<sup>†</sup>
- Helps promote overall wellbeing and hormonal health<sup>†</sup>

Serving Size: 6 Vegetable Capsules Servings Per Container: 30			
	Amount Per Serving	% DV	
Proprietary Blend	2g	*	
SerinAid <sup>®</sup> Phosphatidylserine Complex, KSM-66 <sup>®</sup> Ashwagandha Root Extract ( <i>Withania somnifera</i> ), POMELLA <sup>®</sup> Pomegranate Extract (fruit), Cordyceps Extract ( <i>Cordyceps militaris</i> ) (fruiting body), Astareal <sup>®</sup> Astaxanthin Extract ( <i>Haematococcus pluvialis</i> ), Red Reishi Mushroom ( <i>Ganoderma lucidum</i> ) (fruiting body), Quercetin			
*Daily Value not established.	Contai	Contains Milk	

**Supplement Facts** 

### tanical Ingredients to Halp Promote Healthy Testo Levels and a Healthy Response to Everyday Stre Dietary Supplement 180 Vegetable Capsules Per Boy

xenesta®



Xenesta

# DESIGNED FOR THE XEN-FIT<sup>™</sup> CHALLENGE!

If you feel you're living a stressful lifestyle, you've struggled to reach your fitness goals, or you've lost muscle mass and energy over the years, then take the XEN-FIT<sup>™</sup> 30-Day Life Transformation Challenge! Combine NÜVIVE<sup>®</sup> BODY for MEN with the XEN-FIT<sup>™</sup> Diet and Exercise Program for 30-days to feel fantastic, build healthy energy, lean healthy muscle and create your own personal Life-Transformation!

Go to www.Xenesta.com to learn more about the XEN-FIT<sup>™</sup> 30-Day Life Transformation Challenge or get back with the person who introduced you to NÜVIVE<sup>®</sup> BODY for MEN.

\*Promotes healthy testosterone levels within the normal range<sup>+</sup>



<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.